

PRE - OPERATIVE INSTRUCTIONS – CHILDREN

Preparation for surgery in general anesthesia

1. Required pre-operative tests:

- Blood type (the original document issued by lab or RCKiK);
- CBC;
- PT and APTT (clotting);
- urinalysis;
- ASO (if tonsils surgery).

2. Hepatitis B vaccination – having full validation of the sterilization process we do not require this vaccination. However, Hepatitis B vaccination is safe, recommended and sufficient for life – the most recommended is a combination of Hepatitis A and B vaccine. Complete series consists of 3 doses (0, 1 month, 6 months). Two of the 3 doses should be administered before planned surgery. The surgery can be performed 2 weeks after the second dose. Since 1996 in Poland Hepatitis B vaccine is a part of regular immunization schedule (1st year of life).

3. Consultation with the anesthesiologist - several days before surgery (ideally a week prior, in case of stationary consultation child must be present).

The documents to be brought for anesthesia assessment include:

a) filled out questionnaires:

- Pre - anesthesia Patient Questionnaire
- Upper Respiratory Disorders Questionnaire

b) **pre-operative test results in paper form**

c) discharge summaries from prior surgeries, if available

d) if the Patient is being treated due to a chronic illness, please provide current (up to one month old) opinion from the attending physician

e) child's Health Book

4. Please read the following contract for the surgery, which will be signed on the day of the surgery (available on www.krajmed.pl/downloads).

Anesthesia consultation (consultation cost according to the current price list)

Anesthesiologist:

Appointment date: **Time:**

Surgery date: **Cost of the surgery:**

- Having scheduled the date of surgery, an advance of 2000 PLN should be paid to CM Krajmed account within 7 days. Account number: Santander Bank Polska 10 1090 1694 0000 0001 2382 4265
- Lack of advance may result in cancellation of the surgery date.
- Advance can be reimbursed if cancellation is reported no later than 10 days before scheduled surgery date.
- **Not following the pre – operative instructions may result in cancellation of the surgery date and loss of the advance.**
- **The remaining payment for the surgery must be made on the date of the surgery at the latest (paid by cash/card at the reception desk or confirmation of the bank wire transfer must be provided). Failure to provide proof of payment will result in cancelling the surgery date.**
- All ENT follow up visits are free of charge within the first month after the surgery.

Before surgery we recommend to use:

Bloxin nasal spray gel 1 dose to each nostril every 4 hours for 5 days before surgery.

On the day of the surgery:

1. **6 hours prior to arriving at Krajmed MC child must finish consuming meals, this includes both solids and liquids.**
2. **Between 1 to 6 hours prior to arriving at Krajmed MC child may drink plain, non - carbonated water.**
3. **1 hour prior to arriving at Krajmed MC child must stop drinking water.**
4. **If the child is breastfed, the last feeding should be finished 3 hours before arriving at Krajmed MC**
5. On the date of surgery child should check in with **one** parent /legal guardian at the time scheduled and provided by the staff the day before the surgery.
6. Child should check in **with two sets of pajamas, slippers, favorite stuffed toy for comfort, accompanied parent/legal guardian should wear comfortable clothes and have a change of shoes.**
7. Only one parent/legal guardian accompanies the child to the operating room and stays with the child until it falls asleep.
8. For the minimum of 24 hours following the surgery child should remain under the care of an adult person.

Children typically get discharged about 4 hours after the surgery, unless the type of surgery requires longer stay. Patients staying overnight typically get discharged the following morning before 10 am. Longer stay, if not required for medical reasons, involves additional fees.

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